### LIFE AFTER DEATH:

### OVERCOMING CHILDHOOD TRAUMA

### PRESENTED BY: LATASHA WILLIAMS

 $\hbox{\tt *formerly Jackson-McDougle*}$ 

Thank you for attending this workshop Due to privacy some slides shown during this workshop have been excluded in this handout.

## What is

## Domestic Violence?



## Answer:

The term "domestic violence" includes felony or misdemeanor crimes of violence committed by a current or former spouse or intimate partner of the victim, by a person with whom the victim shares a child in common, by a person who is cohabitating with or has cohabitated with the victim as a spouse or intimate partner, by a person similarly situated to a spouse of the victim under the domestic or family violence laws of the jurisdiction receiving grant monies, or by any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of the jurisdiction.

## What is

## Intimate Partner Violence?



## Answer:

Abuse or aggression that occurs in a romantic relationship. "Intimate partner" refers to both current and former spouses and dating partners.

#### PHYSICAL VIOLENCE SEXUAL USING COERCION USING AND THREATS INTIMIDATION Making her afraid by using Making and/or carrying out threats to do something to hurt her looks, actions, gestures threatening to leave her, to · smashing things · destroying commit suicide, to report her property . abusing her to welfare . making USING pets • displaying her drop charges . making USING weapons. **ECONOMIC** her do illegal things. **EMOTIONAL** ABUSE ABUSE Preventing her from getting or keeping a job . making her Putting her down . making her feel bad about herself . calling her ask for money . giving her an allowance . taking her money . not names . making her think she's crazy letting her know about or have access playing mind games • humiliating her to family income. **POWER** · making her feel guilty. AND CONTROL USING MALE PRIVILEGE USING ISOLATION Treating her like a servant . making all the Controlling what she does, who she sees big decisions . acting like the "master of and talks to, what she reads, where the castle" . being the one to she goes . limiting her outside define men's and women's roles involvement • using jealousy to justify actions. USING MINIMIZING. CHILDREN DENYING Making her feel guilty AND BLAMING about the children . using Making light of the abuse the children to relay messages and not taking her concerns · using visitation to harass her about it seriously . saving the . threatening to take the abuse didn't happen . shifting responchildren away. sibility for abusive behavior . saying she caused it. VIOLENCE SEXUAL PHYSICAL

# Cycle of Abuse



# Effects of domestic violence on children

- Many children exposed to violence in the home are also victims of physical abuse.
  Children who witness domestic violence are victims of abuse themselves are at serious risk for long-term physical and mental health problems.
- Children who witness violence between parents may also be at greater risk of being violent in their future relationships. If you are a parent who is experiencing abuse, it can be difficult to know how to protect your child.

# RISK FACTORS

# Main characteristics of a batterer

- Control
- Entitlement
- Selfishness or Self-centeredness
- Superiority
- Possessiveness
- Confusion of love and abuse
- Manipulative
- Contradictory statements and behaviors
- Externalization of behaviors and responsibility
- Denial, minimization, & victim blaming
- Serial battering

- O Women are at higher risk
- African-American and Hispanic teens have been found to be at higher risk for being victims of teen domestic violence
- O Drugs & Alcohol
- Witnessed abuse in household
- O Unemployment
- Poverty
- O Mental Health DX
- School Dropout
- A mind-set that gives men power over women puts individuals at risk for becoming involved in an abusive relationship, either as a perpetrator or as a victim

# KNOW THE RED FLAGS

- ✓ Acts JEALOUS and frequently accuses you of things
- ✓ Constantly CHECKS UP on you by calling or texting
- √ Calls you names or PUTS YOU DOWN
- ✓ Tells you WHAT TO DO, what to wear or how to act
- √THREATENS to harm themselves if you ever break up with them

## Cheryl's Voice

LaTasha Jackson-McDougle was a child left behind at the age of 18 months, In 1984 her father stalked and kidnapped LaTasha and her mother ultimately taking the life of her mother Cheryl Williams-Saddler; along with his own; leaving LaTasha, for dead in an alley. LaTasha was placed under the guardianship care of her Maternal parents. 39 years later LaTasha is dedicated to being an advocate; She has dedicated her life and education to learn more about Domestic Violence and is motivated to share her story and be an active role in Domestic Violence Awareness.

LaTasha Jackson-McDougle is highly motivated to encourage children who survived and witnessed domestic violence in their homes. She actively promotes Domestic Violence Awareness in the communities letting Cheryl's Voice be heard.



## Questions?

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